

# OFFICE OF WOMEN'S HEALTH

## ALABAMA DEPARTMENT OF PUBLIC HEALTH

### 13th Annual Women's Health Conference

Friday, August 6, 2021 • 8:00 am - 12:00 pm

### *Women's Health During the Pandemic: A Focus on Resilience*

#### SPEAKERS:



**Jessica Nichols RN, BSN** is a Registered Nurse who works with the Department of Medicine – Division of Pulmonary Medicine and Critical Care at University of Alabama at Birmingham (UAB) as a Clinical Coordinator. Over the last 3 years, she has helped develop the Endobronchial Lung Volume Reduction program for the Pulmonary Division at UAB. She holds a BS in Nursing from UAB. Jessica lives in Birmingham, is married, and has 2 children.



**Martha Crowther, PhD, MPH** is a tenured professor in the University of Alabama, College of Community Health Sciences (CCHS) in the departments of Community Medicine and Population Health and Family Internal and Rural Medicine. She is also the Associate Dean for Research and Health Policy for CCHS. Additionally, she is an investigator in the Institute for Rural Health Research and a scientist in the UAB Integrative Center for Aging Research. Dr. Crowther received her PhD from Duke University, her MPH from Yale University, and her BA from the University of California, Berkeley. She is trained as a clinical psychologist who focuses on Chronic Disease Epidemiology. Dr. Crowther has extensive clinical and research experience in interdisciplinary healthcare, health disparities, mental health and aging, and caregiving. Dr. Crowther provides behavioral healthcare in primary care and psychiatric settings.



**Tabitha Bozeman** is an English instructor at Gadsden State and editor for the Cardinal Arts Journal. She has earned degrees from Jacksonville State University, University of Alabama at Birmingham, and All But Dissertation from Sam Houston State University. Her poetry has been published in journals such as the Birmingham Arts Journal, Southern Women Writers Review, Mud Season, and Here Poetry. She lives in Gadsden with her husband and four children. When not studying, grading, or writing, she enjoys taking care of her plant babies, drinking tea, and reading her favorite authors.



**Tammy Beasley, MS, RDN, CEDRD-S, LD** has practiced as a registered, licensed dietitian specializing in eating disorders within multiple levels of treatment over three decades. As the first eating disorder dietitian certified with the International Association of Eating Disorders Professionals in 1993, she served on the Certification Committee nine years, becoming Director from 2013-2017. During this time the Commission on Dietetic Registration approved the Certified Eating Disorder Registered Dietitian (CEDRD) designation for RDNs practicing in the field of eating disorders. Tammy currently serves as Vice President of Clinical Nutrition Services for Alsana Eating Recovery Communities. Due to her work in this field, Tammy received the Excellence in Practice in Eating Disorders award from Behavioral Health Nutrition dietetic practice group in 2016 and is one of three co-authors of the newly updated Standards of Practice and Standards of Professional Performance (SOP/SOPP) for dietitians treating eating disorders published in November 2020.

**For more information and registration, visit:**  
[alabamapublichealth.gov/womenshealth/health-update.html](http://alabamapublichealth.gov/womenshealth/health-update.html)